

# Training Catalogue

- Child Trauma & Dissociation Conference
- Communicating with Children
- Contact in Care
- Drama Triangle
- Siblings: Assessment & Placement
- SPIM 30
- TAD: Trauma Attachment & Dissociation

**BRAND NEW**

**Half Day  
Training Series**



**LIVE STREAM**

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*with  
Fran Waters*

*Les Ryan*

*Lynne Ryan*

*Dr Ralf Vogt*

*Dr Renée P Marks*

# Annual Conference

Join us for two days with the author of 'Healing the Fractured Child: Diagnosis and Treatment of Youth with Dissociation', Fran Waters.

Fran will be delivering an extensive training on her latest research and experience.

*21- 22 September 2017*

*Kingsgate Conference Centre • Peterborough*

**dates & booking: [www.bictd.org](http://www.bictd.org) or call [0333 012 4105](tel:03330124105)**

## Attachment food for the brain

*presented by Les Ryan*

*The training will cover:*

- To understand attachment and how this acts as food for the brain.
- To understand the brain, body and nervous system's needs for attachment behaviours from adults.
- How to implement attachment focused parenting.
- How to recognise the attachment barrier.
- How to use the information to help others understand/help the child.

**Visit our Online Training at [www.bictd.org](http://www.bictd.org)**

# Change Reaction

This course is specifically for Adoptive parents, Foster carers, guardians and any other carers who look after children that have suffered trauma, abuse or neglect.

Over the course of 12 months - 6 sessions, this course will cover:

## Empower

- Meet with other adoptive parents experiencing similar difficulties.
- Learn how to identify how your child communicates and what they are communicating.
- Consider some of the underlying reasons for the child's method of communication, of their inner world, through their behaviour.

## Change

- Explore new approaches to understanding and helping the child to move towards healing.
- Look at ways in which parents can encourage their children to develop healthier attachments both at home and at school
- Add new skills and techniques to your toolbox.

## Create

- Look at ways in which healthy attachments can be encouraged with the child, both at home and at school.
- Experience playful ways to build a relationship.

## Connect

- Look at the impact of abuse/neglect on brain development and ways to make new brain connections.
- Look at the impact of living with a traumatised child and how to ensure that this doesn't create a disconnection - look at ways to stay connected.



# Communicating with Children

Presented by Les Ryan, this is a series of 5 half day trainings, that will take each medium and explore the theory behind its use and practical ways how it can be used.

**Module 1:**

Intensive Observation and making links using outside world material to identify inside world landscapes.

**Module 2:**

Sand-tray work: as used in life story work, and to allow the child to communicate their inside world dilemmas, feelings etc. without the need for words.

**Module 3:**

Puppet work: using puppets for story telling or communicating to enable the child to make explicit that which is difficult or painful to do.

**Module 4:**

Story telling: using picture boards or stories as metaphors for the life of the child or events from the child's life.

**Module 5:**

Drama and metaphors: to assist children to understand the concepts that we are trying to communicate to them.

*Specific dates and modules can be selected online.*

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# Contact in Care

Presented by Dr Renée P Marks, this training takes place over 2 half day sessions. Each session will run between 9am and 1pm.

*The training will cover:*

- Legal implications in relation to contact.
- Understanding the impact of contact on the child.
- Understanding how contact should inform assessments.
- Full info available online

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# Drama Triangle

*presented by Renée P Marks*

*The training will cover:*

- Explanation of the drama triangle.
- Explore how the drama triangle presents itself in most family systems where a child in care or adopted children live.
- Provide practical strategies to deal with high levels of conflict and discomfort in relationships, in order to stop the drama triangle.
- Identify the drama triangle in their family system.
- Identify the role of the child and how the child may subconsciously set up these problems.

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# Facilitating 'TAD' Informed Services

*presented by Lynne Ryan*

*The training will cover:*

- An introduction to the ACES study and the application of a trauma informed approach to working with traumatised children, including trauma screening and the importance of supporting professionals.
- An exploration of the 'TAD' model – Trauma, Attachment and Dissociation in children.
- The importance of psycho-education and a phased approach to trauma work.
- Facilitating a 'TAD' informed approach in services working with traumatised children.

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## LIVE Stream

Live Streaming seats to some of our trainings are now available. Although we cannot guarantee not missing out on practical or participation aspects, this is an alternative to ensure you are able to receive the bulk of training information from the comfort of your home or office desktop. Restrictions apply\*.

For single streams, please book online.

If you would like to book for your team or organisation, please contact us direct on 0333 012 4105

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# Identity & the Adopted Adolescent

*presented by Les Ryan*

*The training will cover:*

- To understand the dilemmas of the adopted teenager and identity .
- To understand the seeking need of the adolescent for information of the born to family.
- To understand the importance of the life story to mitigate against the idealisation of the born to family
- To understand the teenage brain.

# Moving: A Journey of Change & Loss

*presented by Les Ryan*

*The training will cover:*

- Broader understanding of the impact of moves on children.
- How to assist in making the move less traumatic and more comfortable for the child.
- Understand the making and breaking of attachment relationships.
- How to mitigate against the sensory changes that occur at times of transition.
- How to plan for a move that helps the child.

Visit our Online Store at [www.bictd.com](http://www.bictd.com)



# Parent & child profiling: follow the Evidence

*presented by Les Ryan*

*The training will cover:*

- To understand the extent of the evidence that needs to be considered.
- To identify the theoretical knowledge base that will assist in the process.
- How to understand the complexities of the adoptive family system
- How to use this information to know where to intervene to make a difference.

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## Siblings

### *Assessment & Placement*

Presented by Dr Renée P Marks, over 2 half-day sessions

*The training will cover:*

- Objective analysis on literature.
- How to determine whether siblings should be placed together.
- How to determine whether siblings should not be placed together.
- Full info available online

**Visit our Online Training at [www.bictd.org](http://www.bictd.org)**



# SPIM 30: Action & Body-orientated Trauma Work

We are delighted to have Dr Ralf Vogt return to the UK. This time, he will be taking participants through the entire SPIM model and training them over 10 sessions on every aspect how to apply treatment using the model.

This training will happen over the course of 10 days that are split into 4 training sessions of Friday, Saturday and half-day Sunday.

For more information or to book, please go online or call us direct.

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## Taming the Tiger

### *Emotional Regulation in Children & Adolescents*

Dr Marks presents a half day training on the key aspects of Emotional Regulation.

- You will not only acquire the basic understanding of what causes emotional regulation problems, but also gain an insight on how to manage these behaviours.
- You will receive practical tools to enhance emotional regulation in children and adolescents. The training will include references to practical tools and how they can be used.

Visit our Online Store at [www.bictd.com](http://www.bictd.com)

# The Life Story Book: fact or fiction

*presented by Les Ryan*

*The training will cover:*

- To understand the reason for the book
- To identify how to use the book effectively
- To de-mystify its content
- How to incorporate this in to the life of the child

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# Whose feeling is whose? Whose drama is it!

*presented by Les Ryan*

*The training will cover:*

- To understand the impact of the child's early history on the way they engage in relationship.
- To understand the motivation behind the interactions.
- How to protect yourself from becoming part of the drama triangle.
- How to help yourself and the child out of the drama triangle.
- How to use the information to help others understand.

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# Why are hurt children difficult to teach?

*presented by Les Ryan*

*The training will cover:*

- To understand the needs of the hurt child.
- To understand the brain, body and nervous system of the hurt child.
- How to be an effective educator of a hurt child.
- How to understand the barrier to learning.
- How to use the information to help others understand/help the child.

# Working with children who are a 'TAD' Troubled

*presented by Lynne Ryan*

*The training will cover:*

- Understanding the impact of trauma upon the child's development and attachment relationships.
- Importance of early intervention & work with traumatised children.
- An introduction to child dissociation.
- Importance of psycho-education in work with traumatised children.
- Strategies & resources (practical and academic) to facilitate work with children who are a 'TAD' troubled.

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# Conversations with IF

Join us for our regular online broadcast where we discuss relevant topics all relating to adoption and fostering. We focus particularly on helping children and adolescents, who struggle with complex and trauma related behaviour.

Can't find the topic you  
are looking for?

Call us to speak to a  
manager and discuss your  
specific requirements.

0333 012 4105

or email us at

[hello@bictd.org](mailto:hello@bictd.org)

\*Video streaming of any kind requires a strong and stable internet connection. We strongly recommend that before you purchase any aspect of training that involves video streaming, that you test your internet connection. Full details of our policy on streaming is available online at: [www.BICTD.org](http://www.BICTD.org)